

Tuesday 22nd

Rev'd Jackie Bellfield

Readings

1 Samuel 1:24-28

1 Samuel 2:1-8

Luke 1:46-56

*My heart feels as if it's going to burst with joy,
In praising God, my Saviour who sets me free.*

Throughout the world the song of the Magnificat is prayed by countless people.

Mary's prayer reveals the great desire of a nation in a glorious song:

- **God casts down the mighty from their thrones and has lifted up the lowly. The hope of Mary is that the unjust domination of Rome and the unspiritual leadership of the Jewish scribes will not last.**
- **God fills the empty with good things and the rich are sent away empty. Whilst hard to feel empty and acknowledge our need for God, we are then filled with blessings which are new every morning.**
- **God has come to help his servant Israel and remembers his promise of mercy. Mary needed this help with Joseph, her family, the towns-people and God intervened.**

We too are called to be Christ bearers in our world—yet first we need to receive him in our hearts. We are called out of our comfort zone to show mercy and compassion. How would that look for us in our world today.

What voices do we need to hear more of (and less of)?

How can we be made empty so we can be filled with the radiant presence of God?

How are we able to share the blessings we have in God with others?

How can we be lifted? How can we be brought low and humbled?

May we be like Mary and respond with joy, eagerness and anticipation.



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My heart feels as if it's going to burst with joy,
In praising God, my Saviour who sets me free.
Though I'm only unimportant in this world,
a lowly servant my God has remembered me.

Can there be anyone in this world, happier than
I am now?

He's done such great and mighty things.
And all my being sings
Can there be anyone in the world, happier than
me?

Through all time—his people bless his holy
name,
For he is Kind, his promise is always sure.
He will fling the thrones of mighty kings away
Bring down the proud and favour the hungry poor.

Can there be ...

Through all time...

Can there be....

Author: Andrew Rudd

Prayer

Source of all that is light and life, truth and peace,

I have hope because your steadfast love never ceases
and your mercies never end; they are new every morning, great
is your faithfulness.

I remember those who feel lowly and insignificant., who feel
empty and abandoned. May peace and hope bring justice,
comfort and freedom. **Amen**

The Magnificat

<https://www.youtube.com/watch?v=wY23ZojZIZU>

We pray for all who have shown us
Christ and
revealed your truth. We
remember our church
community that we may be
inspired in new and bold ways to show
your love.



YouTube

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